

# WEST KELOWNA FALL RECREATION



**New Space & New Entrance!**  
**2466 Main St, West Kelowna**  
**250-718-5031**

**[www.bgco.ca/recreation-programs](http://www.bgco.ca/recreation-programs)**

**Online Registration Required for all programs!**  
**Registration closes 5 days in advance of single session offerings!**

## **KID FOOD NATION**

Mondays, 6:00-8:00 pm  
Mondays. September 8, 15, 22,  
29. October 6, 20, 27.  
November 3, 10, 17, 24.  
December 1, 8, 15th.  
Cost: \$60.00 for season  
Ages 7-13

Come on in and cook up a storm! Kid Food Nation is a national initiative that helps kids and families develop food skills through hands-on experiences related to planning, preparing, and cooking.

## **STEM DROP IN**

Tuesdays., 6-8:00 pm.  
Sept 9, 16, 23. Oct 7, 14, 21,  
28. Nov 4, 18, 25. Dec 2, 9, 16.  
Cost: FREE for season  
Ages 7-13

Drop by the club on Tuesday nights to hang out and play games, and to also explore STEM activities! Join us in exploring all the elements of Earth and the STEM aspects of each! This program will also deliver components of Discovery Labs, offered in other seasons! From science experiments, coding, natural sciences, to applying math concepts, the activities will be endless! Or, feel free to come by for a hang out with friends in our club space.



**REGISTER NOW**  
**[www.bgco.ca](http://www.bgco.ca)**

Registration is online at <https://www.bgco.ca/recreation-programs/>  
All Recreation Programs are not refundable.  
For Sponsorship options or refund request assessments  
please email [recreationadmin@bgco.ca](mailto:recreationadmin@bgco.ca)

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## **ART ASPIRATIONS**

Wednesdays, 6-8:00 pm  
Sept 10, 17, 24. Oct 1, 8, 15, 22,  
29. Nov 5, 12, 19, 26.

Dec 3, 10, 17.

Cost: \$65.00 for season

Ages 7-13

At Art club you will learn about the fundamentals and techniques of drawing and painting. Discover your inner creativity, as the Art Aspirations Club is catered to the individual, so that you may develop and practice your skills at your own pace! This program is project based, with projects, support and options given by your leaders as you go!

## **TGIF**

Alternating Fridays.

5:30-8:00 pm

Sept 26. Oct 24. Nov 7, 21.

Cost: \$30.00 for season

Ages 7-13

TGIF includes a club dinner, wide games, or sports each evening at the club! Come hang out on Friday nights and see your friends from other nights at club, or meet new ones! Please wear closed toed-shoes for TGIF each night.

## **SATURDAY EXCURSIONS**

Saturdays, 10-3:30 pm.

Sept 20, Oct 4, 18. Nov 1, 15, 29.

Dec 13.

Ages 7-13

Cost: \$30.00 per session

Ahoy and off we go! Saturday Excursions are here for kids aged 7-13 years. We will be heading off site to multiple locations to try out attractions over the Okanagan each Saturday. Please pack a personal backpack with a lunch, waterbottle, change of clothes, and bathing suit, and wear closed toe shoes. Some Saturdays may require a waiver signed off beforehand, and if the waiver is not returned the day before the Excursion, the child will not be eligible to attend the Excursion and are not eligible for a refund.

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