

VERNON & NORTH OKANAGAN RECREATION PROGRAMS SPRING



3300 37 AVENUE, VERNON, BC V1T 2Y5

IN PERSON REGISTRATION REQUIRED FOR NORTH PROGRAMS!

FREE DROP INS

Tuesdays 6-8:00 pm

April 8, 15, 22, 29th. May 6, 13, 20, 27th.

June 3, 10th.

Ages 7-13

Cost: FREE with Yearly membership

Drop in nights include fun and active gym games at the club!

Join us for group games to keep active!

Please bring clean indoor runners for each night and a water bottle.

Try our program without registering on free drop in nights up to two times before registering online!

KID FOOD NATION

Wednesdays: 6-8:00 pm

April 9,16,23,30th. May 7, 14, 21, 28th.

June 4, 11th.

Ages 7-13

Cost: \$5/session, must pre-register

Come on in and cook up a storm! Kid Food Nation is a national initiative that helps kids and families develop food skills through hands-on experiences related to planning, preparing, and cooking. Our program is developed through collaboration with Dietitians of Canada.

CRAFTY CRITTERS

Thursdays: 6-8:00 pm

April 10, 17, 24th. May 1, 8, 15, 22, 29th.

June 5, 12th.

Ages 7-13

Cost: \$5/session, must pre-register

At Crafty Critters we will create fun and different crafts or try new activities! Each night has a set theme or activity and we will work together to create new items! As supplies are needed, pre-registration and payment is required for Crafty Critters sessions.

ONLINE PROFILE REQUIRED

www.bgco.ca

Registration will not be processed without payment.

All Recreation Programs are not refundable.

For Sponsorship options or refund request assessments please email recreationadmin@bgco.ca

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SATURDAY EXCURSIONS

Saturdays 10-3:30 pm
April 12, 26th. May 10th, 31st.
June 7th
Ages 7-13
Cost: \$30.00/session

Free In Club Saturdays
Saturdays 10-3:30 pm
May 3, 24th. June 14th.
Ages 7-13
Cost: FREE, no registration
required.

Ahoy and off we go! Saturday Excursions are here for kids aged 7-12 years. We will be heading off site to multiple locations to try out attractions over the Okanagan each Saturday. Please have lunch beforehand and pack a personal backpack with a waterbottle, change of clothes, and bathing suit, and wear closed toe shoes. Some Saturdays may require a waiver signed off beforehand, and if the waiver is not returned the day before the Excursion, the child will not be eligible to attend the Excursion and are not eligible for a refund. Free in club Saturdays include gym games, crafts, or baking, depending on the season!

**CLUB CALENDAR
ON OUR WEBSITE**



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